

Michigan Parkinson Foundation

Hope in Every Step

Symposium | Event Report



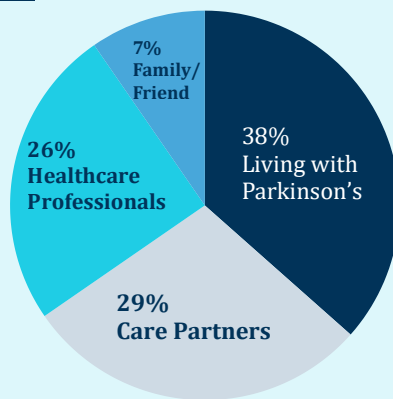
The 2026 *Hope in Every Step* Symposium in Traverse City, MI, brought together individuals for a powerful day of learning, connection, and movement, grounded in the needs of the Parkinson's community and supported by community and healthcare partners.

Audience Snapshot:

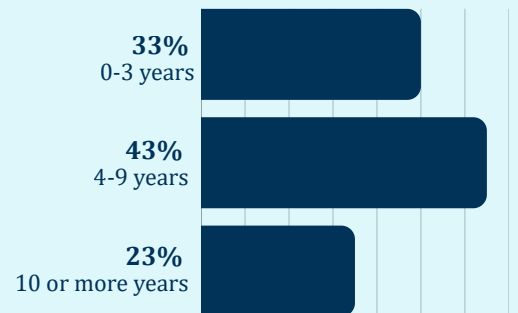


260

Attendees came together for a day of education, connection, and action.



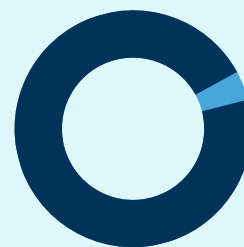
Time since Parkinson's diagnosis:



Testimonials:

"Thank you for all the work and effort involved in planning & presenting this program. I feel more confident in my ability to continue to manage PD symptoms. I am not alone."

This is my first time attending a symposium, and I am encouraged and hopeful for the future. I am trying not to think about the "what ifs" and focus on what I am able to do."



96%

of attendees reported feeling more informed, connected, or empowered after the event.



In partnership with:



Michigan Parkinson Foundation Hope in Every Step Symposium



Key Topics Included:

- *The Parkinson's Plan* - Environmental factors, Dr. Ray Dorsey
- Advanced treatment options, Dr. Emily Levin
- Cognitive changes and dementia, Dr. Amanda Porter
- Exercise and speech demonstrations
- Live expert Q&A



During the Event:



5,200

Sit-to-stands completed by our attendees in honor of Parkinson's Awareness Month!



Our Post-Event Survey Revealed:

99%

reported a better understanding of environmental factors that may contribute to Parkinson's.

97%

of healthcare professionals reported the information will enhance their professional expertise.

90%

reported a better understanding of treatment options available for people living with Parkinson's.

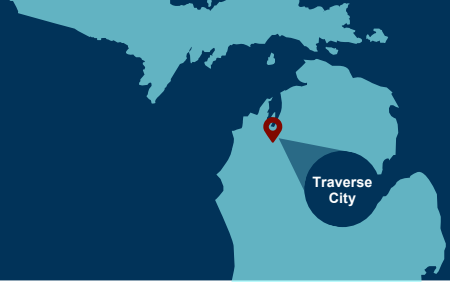
Participants reported feeling more:

- ✓ Aware of resources and support
- ✓ Motivated to take action/advocate
- ✓ Engaged in their health and care journey

And now plan to:

- ✓ Share what they learned with others
- ✓ Make lifestyle changes / adjustments
- ✓ Begin or increase Parkinson's exercise

Hope in Every Step Symposium



"This was one of the best conference events I have attended! This truly opened my eyes so much to Parkinson's disease and helped me better understand the impacts and treatments."

"The resources available here are wonderful!"

"Excellent presentations! The speakers are earnestly connected to their craft."

"Looking forward to next year."

Thank you to all who attended, presented, and volunteered to make this event a success! A special thank you to our generous sponsors who made this event possible. We hope to see you next year!

Together, we are providing **Hope in Every Step.**

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