



Michigan
Parkinson
Foundation

42 YEARS OF
HOPE

MESSENGER

FALL 2025

This year has been a remarkable one for the Michigan Parkinson Foundation, defined by collaboration, growth, and a deepened commitment to serving individuals and families across Michigan. Together, we continue to build a stronger, more connected Parkinson's community, one that offers education, exercise, support, and hope in every corner of the state.

Across Michigan, our programs continue to flourish. PD 101 reached even more communities, providing vital education for those newly diagnosed. Our mentorship and support programs continue to grow, creating meaningful connections between people who understand the Parkinson's journey firsthand. Our Parkinson Hero Walks united thousands of participants across five locations statewide, each one a powerful reminder of the strength and spirit within our community. And through our expanding network of exercise classes, we're proud to bring movement-based programs to more communities than ever before, helping people live well with Parkinson's.

In this issue, you'll find highlights from throughout the year, stories of resilience, connection, and innovation, along with updates on our growing programs and partnerships. You'll also learn how your generosity fuels every step of progress we make.

As we look ahead to 2026, our vision remains clear: to ensure that every person affected by Parkinson's has access to the resources, education, and compassion they deserve. Thank you for being part of this journey and for standing beside us as we continue to grow stronger, together.

With gratitude,

Kristin Rossi
Michigan Parkinson Foundation CEO



HEALTH AND WELLNESS

Keep Moving this Holiday Season

Torrey Davenport, PT, DPT
MPF Northern Michigan Program Manager

Nearly half of all people who start an exercise program drop out within the first six months. Now imagine adding the everyday challenges of living with Parkinson's. It's no surprise that the number drops even lower. According to a study analyzed by the American Physical Therapy Association (APTA), only 27% of people with Parkinson's meet the recommended exercise guidelines.

We know that exercise is the only evidence-based intervention proven to slow the progression of Parkinson's, yet the barriers can feel overwhelming. Rigidity makes movement harder, fear of falling keeps many confined to their chair, and losing the ability to drive can make getting to classes difficult, especially when relying on others with busy schedules.

With the holidays approaching, it's easy to fall into the 50% who let exercise slip. Family visits, gym closures, and snowy roads can all make staying active more challenging.

But this holiday season, I challenge you to be part of the other 50% who keep moving when life gets tough. The choice is yours, but the results speak for themselves. Regular exercise helps your brain generate its own dopamine, making everyday life with Parkinson's that much easier. It also improves mental health by reducing anxiety and depression.



Pumpkin Protein Cookies

A healthier option to treat yourself this holiday

- 3 tbs butter
- 1/3 cup pumpkin
- 1/3 cup brown sugar
- 1 egg
- 1/2 tsp baking soda
- 1/2 tsp salt
- 2 tsp vanilla
- 2/3 cup flour
- 1/3 cup protein powder of your choice (pea, whey, etc)
- 1 tsp cinnamon
- 1/2-1 cup mix-ins (Your choice of white chocolate chips, raisins, or pecans)



Place in big heaps on a greased baking sheet, bake at 375°F for 12-14 minutes!



Here are a few simple ways to take advantage of MPF's exercise programs and keep moving this winter in the comfort of your own home:



Join our **FREE virtual exercise classes** at 10 a.m., Monday through Saturday.



Visit our **YouTube channel** for recorded sessions you can follow anytime.



Try boxing!

- Shadow boxing can be done without any equipment, seated or standing. Try 30 seconds of punches followed by a 10–15 second rest. Repeat 3–5 rounds.
- Partner boxing is a fun, interactive workout. Use focus mitts and gloves to train together.
- Install a boxing device in your home, hang a bag, use a Jukestir to work on coordination, or try a light-up boxing trainer available online.



Watch our **“Movement of the Month” videos**. These quick, 5-minute sessions are shared in our emails and on social media, perfect when you are short on time.



Grab some soup cans for arm strengthening! Large cans weigh about 2 pounds.

- Bicep curls: 10–15 reps, 2–3 sets.
- ABCs exercise: With your arm extended, draw capital and lowercase letters in the air, one set each.

Remember, the most important thing is to keep moving. Find an accountability partner, make it fun, and celebrate every small victory because each step forward matters.

To learn more about joining our virtual exercise classes or to watch our recorded YouTube videos, visit our website: ParkinsonsMI.org, and be sure to follow us on social media!

Facebook: facebook.com/@ParkinsonsMI.org

Instagram: [@ParkinsonsMI](https://www.instagram.com/@ParkinsonsMI)

YouTube: [@MichiganParkinsonFoundation](https://www.youtube.com/@MichiganParkinsonFoundation)

NEWLY DIAGNOSED NOOK

Creating a Safer Home for People Living with Parkinson's

Home safety is a key concern for people living with Parkinson's. Because Parkinson's can affect balance, coordination, and mobility, the risk of falls and injuries often increases. Taking proactive steps to modify the home environment can make a big difference in helping individuals stay safe, maintain independence, and feel more confident in daily routines.

Understanding Common Risks

How Parkinson's symptoms impact home mobility

Rigidity

Muscle stiffness and reduced flexibility can make movement more difficult and tiring. Rigidity can limit the ability to turn quickly, use household devices, or move comfortably around furniture.

Shuffling steps

Taking shorter, shuffling steps reduces how high the foot lifts off the ground, which increases the chance of tripping on clutter, rugs, or uneven surfaces. Keeping pathways clear is especially important.

Tremors

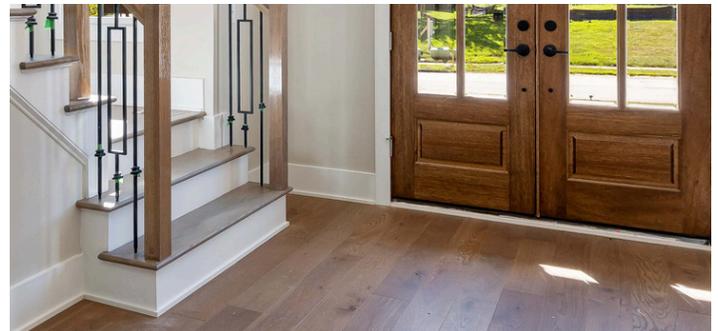
Tremors can make daily activities like eating, writing, or using household items more challenging. Wrist weights and adaptive utensils can help steady movement and improve control.

Freezing episodes

"Freezing" is when a person suddenly feels stuck mid-step or unable to move forward through a doorway or threshold. Techniques such as rhythmic counting, humming, or marching in place can help break through a freezing episode.

Highest-risk areas for falls:

- Bathrooms
- Stairways and steps
- Entryways and exits
- Cluttered halls or walkways



Room-by-Room Safety Tips

- ✓ **Entryways**
Install ramps or railings, remove throw rugs, and ensure bright, even lighting.
- ✓ **Living areas**
Keep pathways open, secure cords, and choose stable furniture that can be used for support if needed.
- ✓ **Bathrooms**
Add grab bars near toilets and showers, use non-slip mats, and consider a shower chair for added safety.
- ✓ **Bedrooms**
Use a firm mattress, avoid low or unstable furniture, and install a nightlight or motion-sensor light to improve visibility after dark.
- ✓ **Kitchens**
Store frequently used items within easy reach, avoid step stools, and use utensils or cookware with adaptive grips to make cooking safer and more comfortable.



Small, thoughtful changes can make a big difference. By staying proactive, using adaptive tools, and seeking professional guidance when needed, people living with Parkinson's can continue to thrive safely and confidently in their own homes.

This fall, the Michigan Parkinson Foundation had the opportunity to work with four Occupational Therapy students from Baker College as part of their fieldwork experience. A big thank-you to these students for helping us with this article and contributing their talents to many of our programs across the state.



PD 101: PARKINSON'S ORIENTATION

This year has been a landmark one for our free, in-person orientation program, PD 101!

This program was designed to help individuals better understand Parkinson's, whether they are newly diagnosed, have lived with it for years, are a care partner, family member, friend, or healthcare professional.

In 2025, we visited **14 communities across Michigan**, bringing PD 101 and Community Forums directly to you, serving more people, building more connections, and strengthening our statewide Parkinson's community.

PD 101 sessions cover:

- What is Parkinson's disease?
- What causes PD?
- Who gets PD?
- Understanding motor and non-motor symptoms
- How Parkinson's is diagnosed
- Treatment and symptom management options
- Support and resources available through MPF
- The opportunity to connect with others

Looking ahead to 2026:

We're excited to host two recurring locations for PD 101!

Metro Detroit

Held at the newly built Kirk Gibson Center for Parkinson's Wellness (31440 Northwestern Hwy, Suite 185, Farmington Hills, MI 48334)

First Wednesday of Each Month (no session in June) from 10:00 a.m. - 12:00 p.m.

Grand Rapids

Trinity Health Medical Center (245 Cherry St. SE, Grand Rapids, MI 49503, Level 1 Conference Rm)

February 10, 2026

April 21, 2026

June 16, 2026

August 11, 2026

October 13, 2026

December 15, 2026

Stay tuned for more dates and locations to be added to our calendar!

To register, visit: bit.ly/pd101mpf

Parkinson Disease: Managing Non-Motor Symptoms

Danette Taylor, DO, MS, FACN
Director, Movement Disorders Department of Neurology
Trinity Health Grand Rapids, Grand Rapids, MI



When treating patients with Parkinson disease (PD), the first symptoms clinicians often assess and manage are tremor, rigidity, bradykinesia, and postural instability. But what about the non-motor symptoms that accompany this condition? “Unseen PD” symptoms impact every patient to some degree. In some cases, these symptoms can affect patients even more profoundly than motor symptoms. This issue of *Practical Neurology* provides an overview of the diagnosis and management of non-motor symptoms associated with PD, including strategies to address these symptoms.

Drs. Turner and Gorelick begin this issue with an overview of orthostatic hypotension in patients with PD, which is often unrecognized. They discuss the causes of orthostatic hypotension and how to manage this condition.

Problems with sleeping impact almost every patient with PD, ranging from rapid eye movement sleep behavior disorder to restless legs syndrome and frank insomnia. Drs. Stone, Morgan, and Kaplish offer a comprehensive overview of these sleep issues along with practical management advice.

Many individuals with PD experience urogenital symptoms, including urinary frequency and nocturia. These symptoms are often embarrassing for patients and are frequently dismissed or ignored by clinicians. Drs. Park and LeWitt provide an excellent summary of these symptoms with an emphasis on treatment strategies.

Hallucinations can be frightening for patients and their families. Drs. Patino and Mahajan describe how to assess patients who might be experiencing these symptoms. They also discuss how to identify and manage the cognitive decline which some patients with PD develop.

Depression, apathy, and anxiety are common in people with PD. Drs. Hedeman, Herrema, and Gilbert review these frequently observed PD-related mood disorders and discuss treatment options for this population.

Vision and eye abnormalities are an often-overlooked symptom in patients with PD. Drs. Chouhani, Hernandez Mondragon, Santos, and Antonio provide an overview of neuro-ophthalmologic findings seen in patients with PD. Their article includes commonly observed issues (eg, dry eye) as well as less frequently observed issues (eg, eyelid opening apraxia). They also discuss problems associated with the use of deep-brain stimulation in this population.

As we learn more about PD, it is likely that these seemingly disparate symptoms will be found to have a common cause, which may result in the streamlining of treatment options. The information shared in these articles should help clinicians navigate the current treatment landscape and care for individuals who experience non-motor symptoms associated with PD.

Thank you to all of the authors for their contributions and for sharing their expertise regarding these non-motor symptoms associated with PD.

Originally published in *Practical Neurology*, Sept-Oct 2025 Issue

For information and referrals on how to handle these non-motor symptoms, reach out to MPF at: 248-433-1011.

We hope this message finds you well and that you had a wonderful Summer. As we prepare for cooler temperatures and beautiful fall colors, we are happy to share some exciting research efforts and outreach we have been doing at Quest.

Research Opportunities for Parkinson's

We're currently enrolling participants in several innovative clinical trials aimed at improving lives and advancing science:

- **Newly Diagnosed (Ages 40–85):** Neuroprotective studies are underway for individuals recently diagnosed with Parkinson's. These trials are exploring treatments that may slow disease progression—a hopeful step forward.
- **Off-Time Studies:** Experiencing off-time? We're investigating oral medications that may help, including the Arise phase 3 clinical trial which is evaluating an investigational therapy called, solengepras. This once-daily pill is designed to work in a new way by targeting a different pathway in the brain, rather than relying on dopamine replacement.
- **Coming January 2026:** A new Open Label Study is launching for individuals who've had deep brain stimulation or previously participated in an Annovis research study. Stay tuned!
- **Gene Therapy Trials:**
 - EXPDdite-2 is a phase 3 study evaluating the potential efficacy and safety of a one-time investigational cell therapy called bemdaneprocel. It focuses on movement, balance, motor symptoms, and quality of life in adults diagnosed with Parkinson's 4–12 years ago, ages 45–75, and having at least 2.5 hours of OFF daily.
 - Regenerate-PD is a phase 2 Gene Therapy study evaluating the efficacy and safety of Intrapataminal AB-1005 in the treatment of Adults diagnosed with Parkinson's 4-10 years ago, ages 45-75, and having at least 2.5 hours of OFF time daily.

A Major Milestone in Parkinson's Research

We're proud to announce that Quest Research treated the first patient in the groundbreaking cell therapy ExPDdite-2. Meet Jim Geoffreys, our trailblazing participant in ExPDdite-2:



"When I was diagnosed with Parkinson's years ago, I took the news hard. But I knew doing nothing wasn't an option. I exercised, researched, and decided to participate in clinical trials.

Fast forward to today—there are now many disease-modifying trials available. After reviewing the research, I chose to participate in the cell replacement opportunity offered by BlueRock Therapeutics through Quest.

Brain surgery may sound daunting, but for me, it's less daunting than the daily struggle of living with Parkinson's. People say I'm brave, but real courage is in everyday fights. I encourage you to explore clinical trials—you might find hope and help."

As our Principal Investigator, Dr. Peter LeWitt observed: *"This clinical study builds on promising science and sophisticated research planning. Patients participating in this trial are both courageous and highly motivated to help in expanding knowledge of how Parkinson disease could be mastered."*

This milestone reflects not only scientific progress but also the strength and hope of the Parkinson's community.

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MICHIGAN PARKINSON FOUNDATION

PARTNERS IN PARKINSON'S



The Partners in Parkinson's Giving Circle is a group of donors who are committed to supporting the Parkinson's community in Michigan. Members of the Partners in Parkinson's Giving Circle commit \$1,200 annually to support the Michigan Parkinson Foundation's annual fund.

\$100 = \$1,200
PER MONTH PER YEAR

Become a Partner in Parkinson's!

Support from the Partners in Parkinson's Giving Circle provides critical funding for exercise classes, educational outreach, respite care, and community support groups.

Membership in the Partners in Parkinson's Giving Circle includes the following benefits:

- Personalized annual updates about the impact of your donation
- Recognition on the MPF website
- Invitation to the annual Partners in Parkinson's Giving Circle donor appreciation event

To join or learn more, visit: ParkinsonsMI.org/support

PARTNERS IN PARKINSON'S

Member Spotlight: The Applebaum Family

Ron and Renee Applebaum have always admired their mom, Lorraine's positive attitude. Lorraine stayed home to care for Ron and Renee when they were children. When they went off to college, Lorraine did the same. Lorraine earned her master's degree and became a clinical social worker focused on providing counseling and guidance to individuals with alcohol use problems, a career that she loved.

In 2005, at the age of 61, Lorraine was diagnosed with Parkinson's disease. "In many ways, Parkinson's was her worst nightmare," says Renee. "She saw her own dad suffer through PD, and she knew what was ahead of her." Despite understanding how brutal the disease could be, Lorraine has tackled Parkinson's head-on. In the years after her diagnosis, Lorraine attended exercise classes seven days a week and took advantage of every educational resource that was available to her. She joined an MPF support group and made numerous friends in the Parkinson's community. Eventually, Lorraine became a source of information and moral support for people who were recently diagnosed.



Even though Lorraine's Parkinson's has progressed in recent years, she continues to maintain a positive attitude. "I really believe that attitude is so important in dealing with a disease like Parkinson's," says Ron. "Not only for the patient, but also for the friends and family supporting them."

Ron and Renee's advice to other families facing a Parkinson's diagnosis is to take advantage of all the resources available to them, including exercise classes, educational seminars, and support groups. They also suggest being aware of how the stress of caregiving can cause tension among family members. "Once you recognize that tension, you can find a way to work through it," says Renee.

This September marked Lorraine's fifteenth year participating in MPF's Metro Detroit Parkinson Hero Walk, which has become a family affair for the Applebaums. Their story is a great example of the power of positive thinking, the importance of exercise, and the value of a strong family support system.

As loyal supporters of Michigan Parkinson Foundation, the Applebaum family is proud to be members of the Partners in Parkinson's Giving Circle.

Inspiring the Next Generation: MPF's Movement Disorder Education Initiative Expands Across Michigan

As Parkinson's continues to rise as the fastest-growing neurodegenerative disorder in the world, the need for skilled and compassionate providers has never been greater. Yet the number of Movement Disorder Specialists remains far too low to meet the growing demand. Michigan has more than 1,000 neurologists, and there are over 40,000 across the United States, but only about 660 are trained in movement disorders.

Julia Wall, Director of Education at MPF, is tackling this challenge head-on through an innovative program that exposes medical students and residents to the field of movement disorders and inspires them to become the next generation of specialists.

Three years ago, MPF launched what has become a cornerstone of this effort, the Metro Detroit Area Movement Disorder Dinner. The concept was simple but powerful. Every neurologist invited was encouraged to bring a resident or medical student to the dinner, giving future physicians a "seat at the table" with potential mentors in the field of movement disorders.

"Many residents don't get meaningful exposure to movement disorders until their third or even fourth year of residency," explains Wall. "By then, most have already chosen their subspecialty. We wanted to change that by creating earlier opportunities for connection, education, and inspiration."



MPF's 2025 Metro Detroit Movement Disorder Specialist Dinner

The first dinner's success was undeniable. The energy, ideas, and early mentorships made it clear the model worked and that demand for more was strong. Encouraged by this momentum, MPF continued the initiative with its third annual Metro Detroit dinner this past April, welcoming **53 physicians**. Building on that success, the program expanded north with a Movement Disorder Dinner in Traverse City, drawing **22 healthcare professionals** from across the region. The response was overwhelmingly positive.

"Participants were grateful for the chance to learn, share experiences, and explore career paths in a specialty that deeply impacts patients and families," Wall said.



Grand Rapids Dinner (left) Traverse City Dinner (right)

In September, MPF continued the momentum with another successful dinner in Grand Rapids, where **26 physicians** gathered to discuss the evolving landscape of Parkinson's care and the urgent need for more movement disorder specialists.

The results speak for themselves. Since these events began, three residents have chosen to pursue Movement Disorder fellowships, and approximately ten more are seriously considering the field.

Looking ahead, MPF will continue this initiative in 2026 with additional Movement Disorder Dinners and outreach events across Northern Michigan, West Michigan, and Metro Detroit. By expanding the program's reach, MPF aims to inspire more medical professionals to enter the field and ensure patients across Michigan have access to the specialized care they deserve.



2025 PARKINSON HERO WALK RECAP

What an incredible walk season it's been! This year, the Michigan Parkinson Foundation hosted five Parkinson Hero Walks across the state, bringing together more than 2,500 walkers and raising over \$600,000 to support Parkinson's programs and services in Michigan.

We kicked off in **Traverse City (August 23)**, followed by **Metro Detroit (September 13)**, **Lansing (September 27)**, and **Grand Rapids (October 11)**. We were also thrilled to add a fifth walk this year through our new partnership with Henry Ford Genesys Health Club in **Grand Blanc (October 4)**, expanding our reach and impact in another community.

In addition, we were incredibly lucky to be part of two community-organized walks, the **LucaStrong Walk**, organized by the Lucas Family, and the **Thumb Area Parkinson's Walk**, led by Annette Johnson. These special events are a powerful reminder of how dedicated and passionate our Parkinson's community is across Michigan.

Thank you to our walkers, donors, sponsors, and volunteers who helped make the 2025 season one to remember!





UNSHAKEN VOICES

Together, our voices grow stronger.

Unshaken Voices is a story-sharing project that highlights how Parkinson's impacts not only those living with the disease but also the care partners, loved ones, and advocates who support them.

In the following stories, we're proud to feature two individuals who have turned their personal connection to Parkinson's into a sense of purpose and support for others.

When life shakes, our voices stay steady.



Finding Joy in Unexpected Places

Anne and Newt Remington spent many years as colleagues in the Math Department at Delta College in Bay City before they got married. During those years, they built a strong friendship that helped them through the ups and downs of Parkinson's.

Because Newt was 83 when he was diagnosed, his disease progression was slow. In fact, Newt lived well with Parkinson's for seven years. After that, he began to fall and struggled with crippling digestive issues. Anne decided to retire from teaching to care for Newt full-time.

Anne recalled a story about Newt falling in the middle of the night. The two of them spent 45 minutes trying to get Newt up from the bathroom floor. When they finally managed to get Newt back in bed, they were both elated. "I remember thinking that even in the midst of this disease, there can still be so much joy," Anne says.

Anne is grateful for the support and advice she and Newt received from the Michigan Parkinson Foundation over the years. "I will never forget how the MPF staff helped us navigate Parkinson's," she says.

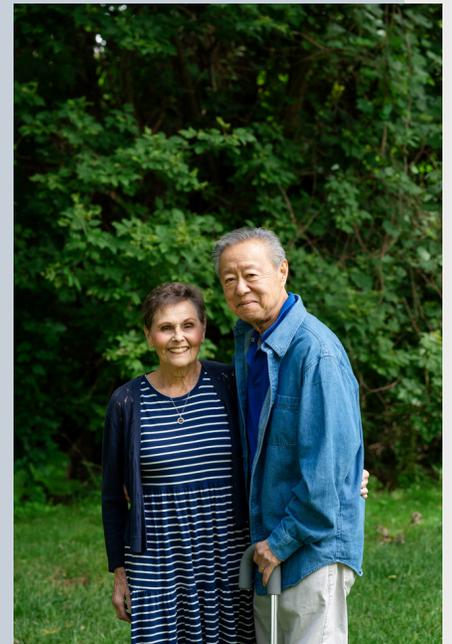
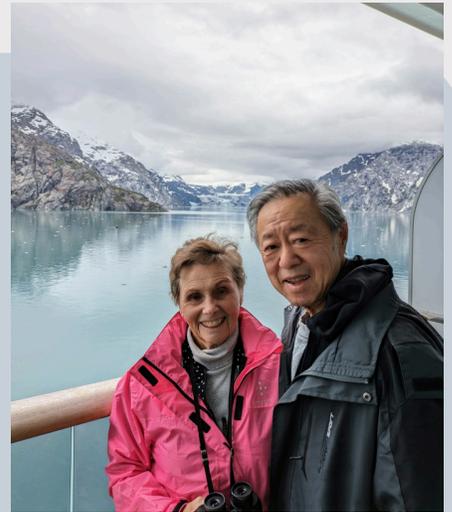
A Second Career in Caregiving

Sandy Yee is passionate about sharing information. Sandy spent her career as a librarian, first at the middle and high school level, and later at the university level. Before retiring, Sandy served sixteen years as the dean of Wayne State University's Library system, which included five libraries and the School of Information Science.

Sandy had no idea that her time as a library administrator would prepare her for her next role, as a care partner and full-time advocate for her husband, John, who was diagnosed with Parkinson's disease in 2016. "My library career was both interesting and demanding, but nowhere near as stressful as my role as a caregiver. The issues facing caregivers can truly turn into life or death situations," Sandy says.

Though the work is constant, Sandy has used her library skills to identify resources to support John. At a panel discussion hosted at her local library, Sandy learned that as a veteran, John is entitled to respite care through the VA. She also found a support group and a music therapy class through MPF that she and John attend regularly. "The best advice I can give to other caregivers is to get connected to resources that support your journey. Parkinson's is so much more overwhelming when you feel like you are navigating it on your own," she says. "I also think it's important for care partners to make the time to care for themselves, so they don't get burnt out. Take advantage of the resources offered by organizations like MPF."

If you are looking for respite care assistance, please email respites@parkinsonsmi.org.



Learn how you can share your story!

For more information on the Unshaken Voices story-sharing project, contact Lisa Anga at LAnga@ParkinsonsMI.org.



**Michigan
Parkinson
Foundation**

Together, We Bring Hope in Every Step

When one person is diagnosed with Parkinson's, an entire family begins the journey. The path can feel uncertain, filled with new challenges, changing routines, and the search for answers and support. But no one should have to face it alone. The Michigan Parkinson Foundation is here to help at every step. Through education, local support groups, specialized exercise programs, financial assistance, and individualized guidance from our social worker, we help people and families across Michigan live with greater confidence, strength, and hope.

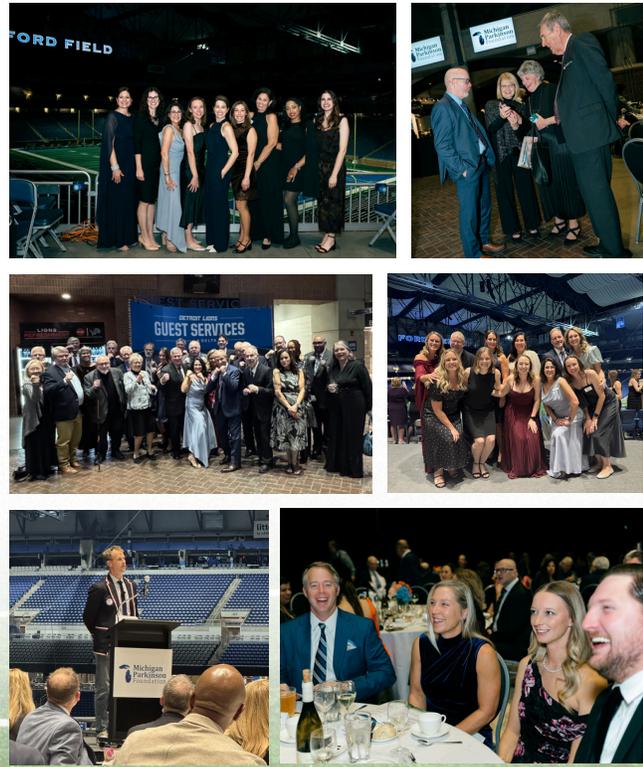
Your generosity makes this possible. Every donation helps connect someone to the care, community, and understanding they need. Together, we can make life with Parkinson's brighter for everyone it touches.

HOPE ON THE FIELD GALA

Thank you to everyone who joined us for this year's Hope on the Field Gala on November 7 at Ford Field! More than 360 guests came together for an evening of purpose and inspiration, helping us raise over **\$250,000** in support of the Michigan Parkinson Foundation's programs and services.

Guests enjoyed a lively cocktail reception, 50/50 raffle, and live auction, followed by an inspiring keynote presentation from Todd Vogt, Paralympic rower living with Parkinson's. His story of perseverance and determination reminded us all what it means to face challenges with strength and hope.

Together, we continue to move the mission forward, improving the lives of those affected by Parkinson's across Michigan.



A MESSAGE FROM:

Continued from page 7



Community Engagement

Dr. Aaron Ellenbogen recently spoke at the Livingston Support Group, sharing insights on current treatments and emerging therapies like gene therapy.

Want a Quest representative to speak at your support group? Contact Denise Morgott at: 248-957-8940 x1219.

Michigan Parkinson Foundation Walk

We were honored to support and participate in the Michigan Parkinson Foundation Hero Walk again this year. It was heartwarming to reconnect with familiar faces and meet new ones in our Parkinson's community.



Get Involved

Curious about participating in a study? Call 248-957-8940 to speak with one of our Patient Liaisons.

- No insurance required
- All study-related expenses covered
- Receive a stipend for time and travel

Together, we can make a difference. Thank you for being part of our journey toward better treatments and brighter futures.



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OUR PILLARS: Providing Hope in Every Step of Your Journey



COMMUNITY

You are not in this alone. With over 70 support groups across Michigan and our mentorship program, we can connect you with someone who understands.



EDUCATION

We are dedicated to spreading awareness and providing educational resources for people with Parkinson's and their families.



EXERCISE

Exercise is linked to slower progression of Parkinson's and can help manage symptoms. Join us for virtual or in-person exercise classes or take part in our walkathon events.



RESPIRE

We provide respite care assistance, medication assistance, care consultations, mindfulness programs, and other resources for caregivers.

Yes, I want to support families living with Parkinson's

I would like to make a tax deductible gift of \$1,000 \$500 \$250 \$100 \$50 Other: _____

I'd like to make a monthly gift of: \$ _____

I'd like to become a member of Partners in Parkinson's! \$100 per month \$1,200 annually

Name: _____ Email Address: _____

Credit Card Account: _____ Expiration Date: _____ CVC: _____ Zip Code: _____

Cardholder Signature: _____ Phone: _____

My Gift Is:

In Honor of: _____

In Memory of: _____

I would like more information about your programs and services (please provide your email address): _____

Detach Here



Save a stamp!
Donate online at
parkinsonsmi.org

