

MPF is dedicated to offering support and encouraging connections among individuals affected by Parkinson's disease, and their caregivers. By nurturing social connections and fostering a sense of community, we can create a supportive network that empowers individuals and caregivers on their Parkinson's journey.

ALPENA COUNTY

Alpena Support Group

When: 3rd Monday, 1:00 pm

Location: First United Methodist Church

167 Ripley Blvd. Alpena, MI 49707

Contact: Judy Poli, (989) 370-6854, Judypoli9@gmail.com

Kathy Brown, 989-884-1193 chaostochrist@gmail.com

[Alpena SG Facebook](#)

BARRY COUNTY

Hastings Support Group

When: 2nd Wednesday, 5:00 pm

Quarterly Meetings (March, June, Sept, Dec)

Location: Barry County Commission on Aging

320 W. Woodlawn, Hastings MI 49058

Contact: Tammy Pennington, (269) 275-0922

tampenn10@gmail.com

BERRIEN COUNTY

Stevensville Support Group

When: 2nd Thursday, 3:00 pm

Location: Lincoln twp. Public Library

2099 John Beers, Stevensville, MI 49127

Contact: Barbara & Mike Ford, (269) 313-3881

Bawford@aol.com or mikeford7629@yahoo.com

[Berrien SG Facebook Page](#)

CALHOUN COUNTY

Battle Creek Support Group

When: 2nd Thursday, 4:30 pm

Location: North Avenue Church of God

1079 North Ave, Battle Creek, MI 49017

Contact: Anne Clark, (269) 986-3135

aclark@shpcalhoun.org

CASS COUNTY

Cass County Support Group

When: 2nd Tuesday, 1:00 pm

Location: Lowe Center

60525 Decatur Road, Cassopolis, MI 49031.

Contact: Cindy Ledger, (269) 445-8110 ext. 222

Or cindyl@casscoa.org

CHARLEVOIX COUNTY

Boyne City Support Group

When: 3rd Tuesday, 5:00 pm

Location: Boyne City Hall 319 N. Lake St. Boyne City, MI 49712

Contact: Becky Goral, (231) 420-3992, beckygoral444@gmail.com

Kristen Fleet, Kfleet@mhc.net

(No meetings in July & Dec)

CHEBOYGAN COUNTY

Cheboygan Support Group

When: 3rd Tuesday, 1:00 pm

Location: Cheboygan Public Library

100 S Bailey St. Cheboygan, MI 49721

Contact: Martha Orloff (231) 818-1900 mjorloff@gmail.com

or Susie, (231) 625- 8368

DICKINSON COUNTY

Kingsford Support Group

When: 3rd Thursday, 1:00 pm

Location: First Presbyterian Church

395 Hamilton Ave. Kingsford MI 49802

Contact: Catherine Vivio, (906) 282-7309

catherinevivio@gmail.com

EMMET COUNTY

Petoskey Support Group

When: 4th Wednesday, 2:00 pm

Location: Friendship Center - Game Room

1322 Anderson, Petoskey, MI 49770

Contact: Suzanne Holguin, MSN, RN

(231) 347-3211 x 117 or Sholguin@emmetcoa.org

GENESEE COUNTY

Flint Support Group

When: 2nd Thursday, 2:00 pm

Location: Central Church of the Nazarene

1261 W. Bristol Rd, Flint, MI 48507 (SE Maintenance Door)

Contact: David Mack (810) 610-5055, Davidmack@usa.com or

Judy Mack (810) 610-9373, Judy575vanderpool@yahoo.com

[Flint SG Facebook Page](#)

Davison Support Group

When: Every other Month 2nd Tuesday, 10:00 am

Location: Davison-Richfield Senior Center- Activity Center

10135 Lapeer Rd, Davison, MI 48423

Contact: Kathy Davis 810-658-1566, kathy@davison-sc.org

GLADWIN COUNTY

Gladwin Support Group

When: 3rd Wednesday, 4:00 pm

Location: MyMichigan Medical Office Building

609 Quarter St, Gladwin MI 48624

Contact: Mary Griffore, (989) 246-6388

mary.griffore@mymichigan.org

GRAND TRAVERSE COUNTY

Parkinson Network North Support Group

When: 2nd Tuesday, 1:00 pm

Location: Presbyterian Church of Traverse City

701 Westminster Rd, Traverse City, MI 49686

Contact: Hettie Molvang, (231) 947-7389

GRATIOT COUNTY

Alma Support Group

When: 2nd Thursday 5:00 pm

Location: MyMichigan Med Hospital W
300 E Warwick Dr. Alma MI 48801

Contact: Michelle Miller, (989)466-3378

HILLSDALE COUNTY

Hillsdale Support Group

When: 2nd Thursday at 3:00 pm

Location: Hillsdale County Senior Center
320 W. Bacon, Hillsdale, MI 49242

Contact: Maggie Monroe (517) 437-2422

mmonroe@hillsdaleseniors.org

[Hillsdale SG Facebook Page](#)

HURON COUNTY

Bad Axe Support Group

When: 3rd Tuesday, 12:30 – 2:30pm

Location: Evangel Life Assembly of God Church
1365 S Van Dyke Rd, Bad Axe, MI 48413

Contact: Ed & Maryann Cutlip, (586) 634-9883

Annette Johnson, (989) 864-3779 Nettej57@gmail.com

INGHAM COUNTY

Lansing Caregivers' Dialog Support Group
(Caregivers and PwP meet separately.)

When: 2nd Tuesday, 1 pm

Location: Congregation Shaarey Zedek
1924 Coolidge Rd. E. Lansing MI 48823

Contact: Mark Talbot, (517)525-1707

Mrtalbot50@gmail.com

Virtual Support Group Zoom

When: 2nd Thursday, 6:00 pm

Location: Virtual – call for information

Contact: Mark Talbot (517)525-1707

Mrtalbot50@gmail.com

Lansing/East Lansing Education meetings

When: 3rd Tuesday, 3 pm

Location: Burcham Hills Ada Whitehouse Room
2700 Burcham Dr. E. Lansing, MI 48823

Contact: Mark Talbot (517)525-1707

Mrtalbot50@gmail.com

ISABELLA COUNTY

Mt. Pleasant Support Group

When: 4th Wednesday, 5:00 pm

Location: Isabella County Commission on Aging
2200 S. Lincoln Room B Mt. Pleasant, MI 48858

Contact: Dr. Jamie Haines, PT, DScPT (989) 415-0418

Haine1jj@cmich.edu or Jill Sponseller, MA CCC-SLP

(989) 779-5604, Jill.sponseller@mclaren.org

JACKSON COUNTY

Rock Steady Boxing Jackson Support Group

When: 3:00 pm after Rock Steady Boxing Class

Location: YMCA (Summit)

127 W Wesley St, Jackson, MI 49201

Contact: Kathy Alexander (517) 740-2817

kaalexander06@hotmail.com

KALAMAZOO COUNTY

Care Partners Support Group

When: Friday after Regular SG meeting, 1:30 pm

Location: Zoom – Email for Information

Contact: Norma Betten - ronorma1301@gmail.com

Nancy Schullery - nmsch1020@gmail.com

KALAMAZOO COUNTY

Kalamazoo Support Group

When: 2nd Tuesday, 4:00 pm

Location: Kiva - Friendship Village of Kalamazoo
1400 North Drake Rd. Kalamazoo, MI 49006

Contact: Karen Freshwater, PA (269) 341-7500

(No meeting in Jan) [Kalamazoo SG Facebook Page](#)

KENT COUNTY

Grand Rapids Support Group

When: 2nd Wednesday, 1:00 pm

Location: University of MI West- Conference Center
2225 Main St, SW. Wyoming, MI 49519

Contact: Tina Reuben (616) 901-3832

Caregivers Support Group

When: 4th Wednesday, 10:30-12:00 pm

Location: Zoom Meetings – Call for Info.

Contact: Susan M. Woolner, MA, CPXP

616-685-4444 or neuropatientsupport@trinity-health.org

Corewell Health Care Partner Support Group

When: 3rd Thursday, 11:00 am

Location: Virtual Meetings – Call for Info.

Contact: Parkinson's Support 616-447-1393 or

Parkinsons@CorewellHealth.org

Corewell Health Parkinson's Support Group

When: 4th Wednesday, 7:00 pm

Location: Virtual Meetings – Call for Info.

Contact: Parkinson's Support 616-447-1393 or

Parkinsons@CorewellHealth.org

Team Spark Support Group

When: 2nd Sunday, 3:00 pm

Location: Seymour Christian Reformed Church
840 Alger St., SE, Grand Rapids MI. 49507

Contact: Dan and Ginny Dewitt, (616) 481-3094

dvdewitt@gmail.com

LEELANAU COUNTY

Parkinson's Support Group

When: 1st Thursday, 4:30 pm

Location: Leland Twp. Public Library – Munnecke Room
203 Cedar St, Leland, MI 49654

Contact: Torrey Davenport, (810) 423-3794

LENAAWEE COUNTY

Adrian Support Group

When: 1st Thursday, 1:00 pm

Location: Adrian Senior Center

327 Erie St. Adrian, MI 49221

Contact: Dianna Oates, (517) 673-3868

LIVINGSTON COUNTY

Brighton Care Partners Support Group

When: Last Thursday, 5:00 pm

Location: 242 Church – room 3

7526 Grand River Rd. Brighton, MI 48114-9338

Contact: Stuart Blatt, (810) 923-8970 sblatt63@gmail.com

Howell Support Group

When: Last Tuesday, 4:00 pm

Location: Cleary University- Common Building

3750 Cleary Drive, Howell, MI 48843

Contact: Stuart Blatt, (810) 923-8970 sblatt63@gmail.com

Hartland Area Support Group

When: 1st Thursday, 6:00 pm

Location: Village Manor - Activities Room

9501 East Highland Rd. Howell MI. 48843

Contact: Leigh Harter, M.S., CCC-SLP 713-542-8833

lharter@leighharterspeech.com [Hartland SG Facebook Page](#)

LUCE COUNTY

Newberry Support Group

When: Last Monday, 1 pm

Location: Helen Newberry Joy Hospital

502 W. Harrie St - Huron Room. Newberry, MI 49868

Contact: Pat Norman (703) 608-7103

MACOMB COUNTY

Macomb Support Group

When: 2nd Friday, 3:00 pm

Location: Beaumont Macomb Center

15979 Hall Rd. Macomb, MI 48044

Contact: Mike Spooner, 586-610-7455

Brian J. Miles, (586) 457-2539 bmiles@dmmlpc.com

Macomb Support Group

When: 2nd Thursday, 4:00 pm

Location: The Village of East Harbor

33875 Kiely Dr. Chesterfield, MI 48047

Contact: Angela Ferrera (586) 696-8663

Veterans with Parkinson's Support Group

When: 3rd Thursday, 2:00 pm

Location: DC3S

7205 Sterling Ponds Ct. Sterling Heights, MI. 48312

Contact: Nate Jolliff, 248-464-3258, natejolliff@comcast.net

Marc Trail, 586-693-0434 mtrail@carepatrol.com

[Veterans SG Facebook Page](#)

MANISTEE COUNTY

Manistee Support Group

When: 3rd Thursday, 11:00 am

Location: Manistee Senior Center

260 St. Mary S. Pkwy. Manistee, MI 49660

Contact: Marcia Holbrook (614) 937-4442

Marianne Blair (586) 917-8964 manistee328@yahoo.com

MARQUETTE COUNTY

Marquette Support Group

When: 3rd Wednesday, 2:00 pm

Location: Marquette Senior Center

300 W. Spring St. Marquette, MI. 49855

Contact: Maureen Mcfadden, 906-225-8564

mmcfadden@marquettemi.gov

MASON COUNTY

Scottville Support Group

When: 3rd Wednesday, 1 pm

Location: Scottville Senior Center

140 S. Main, Scottville MI 49454

Contact: Shirley Chancellor (231) 462-3533

(No meetings January & February)

MIDLAND COUNTY

Midland Support Group

When: 2nd Monday, 3 pm

Location: Midland County Senior Services

Main Building 4700 Dublin Ave. Midland, MI 48642

Contact: Kellie Froelicher (989) 898-8239 Kellief@mempres.org

MONROE COUNTY

Monroe Support Group

When: 3rd Wednesday, 6:30 pm

Location: Monroe Charter Twp. Bldg. Nature Ctr

4925 E. Dunbar Rd. Monroe, MI 48161

Contact: Jennifer Traver, (734) 417-0638

[Monroe SG Facebook Page](#)

MONTCALM COUNTY

Montcalm Support Group

When: 3rd Thursday, 11:00 am

Location: First Methodist Church

204 W. Cass Street, Greenville, MI

Contact: Jim Brasseur, Jimbrasseur@gmail.com

MUSKEGON COUNTY

Caregivers Support Group

When: 2nd Tuesday, 12 pm

Location: Tanglewood Park

560 Seminole Rd. Norton Shores, MI 49444

Contact: Pat Green, (231) 740-1967

Parkinson's Power Support Group

When: 1st Wednesday, 11:00 am

Location: Norton Shores Public Library

705 Seminole Norton Shores, MI 49441

Contact: Barb McFadden, 231-755-8067

mcfaddenbarb@hotmail.com or Pat Green, 231-740-1967

NEWAYGO COUNTY

Fremont Support Group

When: 3rd Thursday, 3:30 - 5:00 pm

Location: Tamarac Center for Well Being

1401 W. Main St. Fremont, MI 49412

Contact: Shelly Klochack, RN (231)924-3275

(Virtual & In Person – Call for Info)

OAKLAND COUNTY

Birmingham Support Group

When: 2nd Monday, 5:30 pm

Location: NEXT Senior Citizen Center

2121 Midvale Rd. Birmingham, MI 48009

Contact: Rita Dachs, (248) 420-7266 Rdachs@parkinsonsMI.org

Stephanie Woznak, respice@parkinsonsmi.org

(No meetings in July & August)

OAKLAND COUNTY CONTINUES ONTO NEXT PAGE

OAKLAND COUNTY

Farmington Hills Support Group

When: 1st Wednesday, 2 pm

Location: Costick Activity Center

28600 W. 11 Mile Rd. Farmington Hills, MI 48334

Contact: Shelley Spaulding, 248-982-1504

(No meetings in July & August)

[Farmington Hills SG Facebook Page](#)

Rochester Support Group

When: 1st Wednesday, 5:30-7:30 pm

Location: OPC (Old Person Commission)

650 Letica, Rochester, MI 48307

Contact: Brad & Linda Potter, 586-612-2744

[Rochester SG Facebook Page](#)

Rochester Care Partner Support Group

When: Last Wednesday 1 pm.

Location: OPC (Old Person Commission)

650 Letica, Rochester, MI 48307

Contact: Kathy Walton, (248) 568-3549

(No meetings July, Dec.)

[Rochester SG Facebook Page](#)

Novi/Fox Run Support Group

When: 2nd Tuesday, 3 pm

Location: Fox Run – Belmont Club House

41100 W. 13 Mile Rd., Novi MI 48377

Contact: Brittany Goike, 248-863-3286 or

brittany.goike@erickson.com

Commerce Support Group

When: 4th Wednesday, 6 pm

Location: West Lake Villa

10735 Bogie Lake Rd. Commerce, MI. 48382

Contact: Catherine Yu (734) 306-8093

zhiyuanschool@yahoo.com

OGEMAW COUNTY

West Branch Support Group

When: 2nd Tuesday, 2:00 pm

Location: MyMichigan Health -Executive Dining Room

2463 S. M-30, West Branch, MI 48661

Contact: Mary Griffore, RN 989 246-6388

Mary.Griffore@Mymichigan.org

OTSEGO COUNTY

Gaylord Support Group

When: 4th Thursday, 2:00 - 4:00 pm

Location: OCCOA, Lower Level

1165 Elkview Ave. Gaylord, MI 49735

Contact: John Panci, Pam Carlson (989) 732-1122

OTTAWA COUNTY

Ridge Point Parkinson's Support Group

When: 1st Thursday at 12:30 pm

Location: Ridge Point Community Church

340 104th Ave. Holland, MI. 49423

Contact: Duane and Linda Zoerhof

616-836-5476 or Linda.zoerhof@gmail.com

SAGINAW COUNTY

Saginaw Support Group

When: 3rd Thursday, 1:00 pm

Location: Commission on Aging

2355 Schust Rd, Saginaw, MI 48603

Contact: Virginia Buggia (989) 793-7319 or Lori Eberling

(989) 798-2534 Elizabeth Gradowski, (989) 746-4404

[Saginaw SG Facebook Page](#)

Frankenmuth Support Group

When: 3rd Wednesday, 1:00 pm

Location: Winter Village - Harmony Hall

500 Mayer Rd. Frankenmuth, MI 48734

Contact: Marilyn Bernthal, (989) 652-2515 bernthalm@aol.com

or Kathy Freeland, (989) 843-5247 ksfdaf@sbcglobal.net

(No meetings in July & August)

Saginaw Support Group

When: 3rd Thursday, 1:00 pm

Location: Commission on Aging

2355 Schust Rd, Saginaw, MI 48603

Contact: Virginia Buggia (989) 793-7319 or Lori Eberling

(989) 798-2534 Elizabeth Gradowski, (989) 746-4404

[Saginaw SG Facebook Page](#)

SCHOOLCRAFT COUNTY

Schoolcraft Support Group

When: 2nd, Monday, 1:00 pm

Location: Schoolcraft Memorial Hospital Cornerstone Building

7870 W. Us Highway 2, Manistique, MI. 49854

Contact: Pat Norman, (703) 608-7103

SHIAWASSEE COUNTY

Owosso Support Group

When: 2nd Wednesday, 5:00 pm

Location: Shiawassee Council on Aging

300 N. Washington St. Owosso, MI 48867

Contact: Karen Prussner, (989) 723-6901

ST. CLAIR COUNTY

Port Huron Support Group

When: 1st Wednesday, 1:00 pm

Location: Port Huron Senior Center Council on Aging

600 Grand River Ave, Port Huron, MI 48060

Contact: Lori Marquardt, Loriwr1124@live.com

WASHTENAW COUNTY

Ann Arbor Support Group

When: 2nd Sunday, 2:00 pm

Location: Trinity Health –Women's Health Center

5320 Elliott Dr, Suite 203, Ypsilanti, MI 48197

Contact: Diana Tothill-Johnson, diana45@comcast.net

Helen Martin (734)-678-8328, helenmartin@comcast.net

(No meetings in July & August)

Glacier Hills Support Group

When: 2nd Friday, 1:00- 2:00 pm

Location: Glacier Hills Senior Living

1200 Earhart Rd, Ann Arbor, MI 48105

Contact: Eric Hausman (734) 929-6706

eric.hausman@trinity-health.org

WAYNE COUNTY

Livonia Support Group

Location: Livonia Senior Citizen Center
15218 Farmington Rd. Livonia MI 48154

When: 2nd Thursday, 6:30 pm

Contact: Julia Wall, (248) 433-1011 or jwall@parkinsonsmi.org
[Livonia Area Parkinson's Support Group | Facebook](#)

(No meetings in Jan, August)

Downriver/Allen Park Support Group

When: 1st Tuesday, 1 -2:30pm

Location: Allen Park Presbyterian Church
7101 Park Ave Allen Park, MI 48101

Contact: Steve & Rose Femminineo (313)318-9795
downriverpd@gmail.com

(No meetings in July & August)

Young Onset Support Group

When: 2nd Monday, 6:30 pm

Location: The HELM at the Boll Life Center
158 Ridge Rd. Grosse Pointe Farms, MI 48236

Contact: Angela Ferrera (586) 696-8663

Detroit Support Group

When: 3rd Tuesday, 1:00 pm

Location: Virtual Meetings – Call for Info

Contact: Gwen Willis, (248) 722-4085

Facebook – Detroit Parkinson Support Group

(No meetings in July & August)

WEXFORD COUNTY

Cadillac Support Group

When: 4th Tuesday, 1 pm

Location: Senior Citizens Center
601 Chestnut St. Cadillac, MI 49601

Contact: Diane Patterson (231) 779-9420

VIRTUAL EDUCATION MEETINGS

MPF Virtual Education Meetings

When: 3rd Wednesday, 7:00 pm via Zoom

Location: (Zoom Meetings – Call or Email for Info)

Contact: Julia Wall (248) 419-8009 or

jwall@parkinsonsmi.org

Virtual Education Support Group

P.E.A.R.S – Parkinson's Education and Resource Support

When: 3rd Wednesday, 7:00 pm

Location: (Zoom Meetings – Call or Email for Info)

Contact: Melissa Hrbcek (810) 712-0906

mhrbcek@gmail.com

VIRTUAL SUPPORT GROUPS

When: 2nd Thursday, 6:00 pm

Location: (Zoom Meetings – Call or Email for Info)

Contact: Mark Talbot (517) 525-1707 Mrtalbot50@gmail.com

When: 3rd Tuesday, 1:00 pm

Location: (Zoom Meetings – Call or Email for Info)

Contact: Gwen Willis (248) 722-4085

YOUNG ONSET VIRTUAL SUPPORT GROUP

When: 4th Wednesday, 7:00 pm

Location: (Virtual Meetings – Call for Info)

Contact: Parkinson's Support 616-447-1393 or

Parkinsons@CorewellHealth.org

CAREGIVER VIRTUAL SUPPORT GROUPS

When: 1st Friday, 1:30 pm

Location: (Zoom Meetings – Email for Info)

Contact: Norma Betten ronorma1301@gmail.com

Nancy Schullery nmsch1020@gmail.com

Care Partner Support Group

When: 3rd Thursday, 11:00 am

Location: (Virtual Meetings – Call for Info)

Contact: Parkinson's Support 616-447-1393 or

Parkinsons@CorewellHealth.org

Caregivers' Dialog Support Group

When: 2nd Tuesday, 1 pm

Location: Congregation Shaarey Zedek

1924 Coolidge Rd. E. Lansing MI 48823

Contact: Mark Talbot, (517)525-1707 Mrtalbot50@gmail.com

(Caregivers and PwP meet separately.)

Caregivers Support Group

When: 4th Wednesday, 10:30-12:00 pm

Location: (Zoom Meetings – Call for Info)

Contact: Susan M. Woolner, MA, CPXP

616-685-4444 or neuropatientsupport@trinity-health.org

AFRICAN AMERICAN SUPPORT GROUP

When: 2nd Tuesday, 6:00 pm

Location: (Zoom Meetings – Call or Email for Info)

Contact: Deb Farmer 313-971-3415

**Michigan
Parkinson
Foundation**



Local: (248) 433-1011



Toll Free: (800) 852-9781



30400 Telegraph Rd. Suite 150
Bingham Farms, MI. 48025