



Support Group Listing by County in Alpha Order
(Virtual Support Groups listed on page 4)

Alpena County

Alpena
First United Methodist Church
167 Ripley Blvd. Alpena, MI 49707
3rd Monday, 1 pm
Judy Poli (989) 370-6854
Judypoli9@gmail.com
Jerry Button 740-485-2606
Jerrybutton@gmail.com

Barry County

Hastings
Barry County Commission on Aging
320 W. Woodlawn, Hastings MI 49058
2nd Wednesday, 5 pm
Tammy Pennington (269) 948-4856
tpennington@barrycounty.org
(No meeting in July)

Bay County

ON HOLD
Area Agency on Aging Region 7
1615 S. Euclid, Bay City, MI 48706
3rd Tuesday, 2 pm
Joani Szczepanski (989) 893-1503
(No Meetings June, July & Aug)

Berrien County

Stevensville
Lincoln twp. Public Library
2099 John Beers, Stevensville, MI 49127
2nd Thursday, 3 pm
Barbara and Mike Ford (269) 429-3675
Bcpdsupport@aol.com or
mikeford2976@yahoo.com

Calhoun County

Battle Creek
North Avenue Church of God
1079 North Ave, Battle Creek, MI 49017
2nd Thursday, 4:30 pm
Anne Clark (269) 986-3135
aclark@shpccalhoun.org

Senior Health Partners
28 Penn St, Battle Creek, MI 49017
Caregivers:
3rd Thursday, 1 pm
Anne Clark (269) 986-3135
aclark@shpccalhoun.org

Cass County

Cassopolis
Cass County Council on Aging
60525 Decatur Rd. Cassopolis, MI 49031
2nd Tuesday, 1 pm
Asali Kelly (269) 445-8110 x 248

Charlevoix County

Boyne City
Boyne City Hall 319 N. Lake St. Boyne City, MI 49712
3rd Tuesday, 5 pm
Becky Goral (231) 420-3992
beckygoral444@gmail.com
Kristen Fleet (248) 766-6479
Hybrid Meetings
(No Meetings July or Dec.)

Cheboygan County

Cheboygan
Cheboygan Public Library
100 S Bailey St. Cheboygan, MI 49721
3rd Tuesday, 1 pm
Susie (231) 625- 8368
Martha Orloff (231) 818-1900
mjorloff@gmail.com

Chippewa County

Whole Lotta Shakin Goin On-Sault Ste Marie
Alberta House
217 Ferris, Sault St. Marie, MI 49783
3rd Wednesday, 1 pm
Rene Shimmon (313) 357-3407
(No meeting in Nov.)

Dickinson County

Kingsford Parkinson's Society
First Presbyterian Church
395 Hamilton Ave. Kingsford MI 49802
4th Thursday, 1 pm
Pauline Hill (906) 774-0332
Tiita61@yahoo.com

Emmet County

Petoskey
Friendship Center
1322 Anderson, Petoskey, MI 49770
4th Wednesday 2 pm
Suzanne Holguin, RN
(231) 347-3211 x 34

Genesee County

Flint Daytime
Central Church of the Nazarene
1261 W. Bristol Rd, Flint, MI 48507
(Use Southeast Maintenance Door)
2nd Thursday, 2 pm
David Mack (810) 610-5055
davidmack@usa.com
Judy Mack (810) 610-9373
judy575vanderpool@yahoo.com

Flint Evening
McLaren Neurologic Rehab Institute
G-3239 Beecher Rd. Flint, MI 48532
2nd Thursday, 6 pm
Kristin Daniels (810) 342-5352

Gladwin County

Gladwin
MyMichigan Medical Office Building
609 Quarter St, Gladwin MI 48624
1st Wednesday, 3 pm
Mary Griffore (989) 246-6388
mary.griffore@mymichigan.org

Gogebic County

ON HOLD
Aspirus Grand View Hospital
Conference Rm B
N10561 Grand View Ln,
Ironwood, MI 49938
2nd Wednesday, 10 am
Alicia Cook (906) 932-7627

Grand Traverse County

Evening
Munson Community Hlth Ctr, Rm G
550 Munson, Traverse City, MI 49686
1st Tuesday, 6:00 pm
Hettie Molvang (231) 947-7389

Parkinson Network North
Traverse City Senior Center
801 E. Front St,
Traverse City, MI 49686
4th Wednesday, 10:00 am
Hettie Molvang (231) 947-7389

Tai Chi for People with PD and their care partners
Traverse City Senior Center
801 E. Front St,
Traverse City, MI 49686
2nd & 3rd Wednesday, 3:15 pm
Hettie Molvang (231) 947-7389



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Gratiot County

Alma
MicMichigan Med Center Gratiot
300 E Warwick Dr. Alma MI 48801
2nd Thursday 5:00 pm
Michelle Miller (989)466-3378

Hillsdale County

Hillsdale
Hillsdale County Senior Center
Lower level
320 W. Bacon, Hillsdale, MI 49242
2nd Thursday at 3:00 pm
Maggi Monroe (517) 437-2422
mmonroe@hillsdaleseniors.org

Huron County

Thumb Area (Bad Axe)
Evangel Life Assembly of God Church
1365 S Van Dyke Rd, Bad Axe, MI
48413
3rd Tuesday, 12:30 pm
Annette Johnson (989) 864-3779
Nettej57@gmail.com
Ed & Maryann Cutlip (313) 218-8917
ecc6inallki@gmail.com
Hybrid Meetings

Ingham County

Lansing Caregivers' Dialog Groups
Congregation Shaarey Zedek,
1924 Coolidge Rd. E. Lansing MI 48823
2nd Tuesday, 1 pm
Mark Talbot (517)525-1707
Mrtalbot50@gmail.com
(Caregivers and PwP meet separately.)

Lansing/East Lansing
Education meetings
Burcham Hills Ada Whitehouse Room
2700 Burcham Dr. E. Lansing, MI 48823
3rd Tuesday, 3 pm
Mark Talbot (517)525-1707
Mrtalbot50@gmail.com

Virtual Support Group Zoom
2nd Thursday of each month 6pm
Mark Talbot (517)525-1707
Mrtalbot50@gmail.com

Ionia County

Ionia
Ionia Comm. on Aging
115 Hudson, Ionia MI 48846
3rd Thursday, 1:30 pm
Retta McCaul (231) 349-2608

Iosco County

ON HOLD
Tawas Area Presbyterian Church,
2095 US-23, East Tawas, MI 48730
3rd Thursday, 10 am
Rachel Haviland (989) 984-5292
(Meets April thru October)

Isabella County

Mt. Pleasant
Isabella County Commission on Aging
2200 S. Lincoln Room B Mt. Pleasant,
MI 48858
4th Wednesday, 5 pm
Dr. Jamie Haines (989) 415-0418
Haine1jj@cmich.edu

Jackson County

Jackson
Disability Connection
409 Linden Ave, Jackson MI 49203
2nd Tuesday, 6:15 pm
Carole Briggs (517) 783-6527
(No meetings July, Aug., Dec)

Kalamazoo County

Kalamazoo
Friendship Village of Kalamazoo
1400 Drake Rd. Kalamazoo, MI 49009
2nd Tuesday, 4:00 pm
Karen Freshwater, PA or
Libby Austin (269) 341-7500
Facebook-Kalamazoo Area Parkinson
Support Group

Care Partners
1st Friday after Regular SG meeting,
1:30 pm
Norma Betten
ronorma1301@gmail.com
Nancy Schullery
nmsch1020@gmail.com
(Virtual Meetings – Email for Info)

Kent County

Grand Rapids
Spectrum Health Integrated Care
2750 E Beltline Ave NE
Lower-Level Conference Room
Grand Rapids, MI 49525
3rd Tuesday 6:30 pm
Neuro Patient Support 616-447-1393
(Virtual Meetings – Call for Info)

Kent County

Grand Rapids
Hauenstein DBS Hauenstein
Neurosciences H1 Community Room
220 Cherry St. SE Grand Rapids, MI
49503
2nd Tuesday, 2:00 pm
Neuro Patient Support (616) 685-4444
(Virtual Meetings – Call for Info)

Caregivers
Hauenstein Neurocognitive Behaviors
Hauenstein Neurosciences
245 Cherry St. 1st Floor Cherry
Conference Room
Grand Rapids, MI 49503
4th Tuesday, 10:30 am
Neuro Patient Support (616) 685-4444
(Virtual Meetings – Call for Info)

Grand Rapids
Hauenstein Wege Center for Health &
Learning, Lower Level, Rooms 7&9
300 Lafayette St SE
Grand Rapids, MI 49503
3rd Thursday, 6 pm
Neuro Patient Support (616) 685-4444
(Virtual Meetings – Call for Info)

ON HOLD
Grand Rapids Provision
Provision Living
820 Forest Hill Ave SE Ste A
Grand Rapids, MI 49546
3rd Thursday, 1 pm
Erin Wallace (616) 307-0534

Grand Rapids
University of MI West- Conference
Center
2225 Main St, SW
Wyoming, MI 49519
2nd Wednesday, 1pm
Tina Reuben (616) 901-3832
Free Exercise class Every Tuesday
11am call 616-252-7199 for more info.

Lenawee County

Adrian
Adrian District Library
143 E. Maumee, Adrian MI 49221
Meeting on Lower Level
1st Tuesday, 1 pm
Dianna Oates (517) 673-3868
(Park in back to access elevators)



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Livingston County

Brighton Adaptive Exercise
242 Church
7526 Grand River Rd - Rm 1
Brighton, MI 48114-9338
Every Friday, 4 pm
Stuart Blatt (810) 923-8970
sblatt63@gmail.com

Brighton CarePartners
242 Church
7526 Grand River Rd - Rm 2
Brighton, MI 48114-9338
Last Thursday, 5 pm
Stuart Blatt (810) 923-8970
sblatt63@gmail.com

Howell
3750 Cleary Drive, Howell, MI 48843
4th Tuesday, 4 pm
Stuart Blatt, (810) 923-8970
sblatt63@gmail.com

Luce County

Newberry
Helen Newberry Joy Hospital
502 W. Harrie St - Huron Room
Newberry, MI 49868
Last Monday, 1 pm
Pat Norman (703) 608-7103

Macomb County

Macomb
Beaumont Macomb Center
15979 Hall Rd. Macomb, MI 48044
2nd Friday, 3 pm
Doug Kass (586) 306-5306
dwkass@comcast.net
Brian J. Miles (586) 457-2539
bmiles@dmmpic.com

ON HOLD
St. John Macomb Hospital
Medical Education Center
11800 E. 12 Mile Rd Warren MI 48093
1st Thursday, 2:30 pm
Exercise Classes: - Thurs 4:00 pm
Mrin Dear, OTR (586) 573-5123
(Stacey Turner, RPT)
(No meetings Jan or July)

Manistee County

Manistee
West Shore Hospital
Education Center, Room 1,
1465 E. Parkdale, Manistee MI 49660
3rd Thursday, 11 am
Marcia Holbrook (614) 937-4442

Marquette County

Negaunee
Negaunee Senior Center
410 Jackson St. Negaunee, MI 49866
4th Monday, 1 pm
Kristy Malmsten (906) 475-6266
Morgan Peterson (906) 475-6266
socialworker@cityofnegaunee.com

Mason County

Scottville
Scottville Senior Center
140 S. Main, Scottville MI 49454
3rd Wednesday, 1 pm
Shirley Chancellor (231) 462-3533
(No meetings Jan. & Feb.)

Midland County

Midland
Midland County Senior Services
Senior Services Main Building
4700 Dublin Ave. Midland, MI 48642
2nd Monday, 3 pm
Kellie Froelicher (989) 898-8239
Kellief@mempres.org

Monroe County

Monroe
Monroe Charter Twp. Bldg. Nature Ctr
4925 E. Dunbar Rd. Monroe, MI 48161
3rd Wednesday, 6:30 pm
Jennifer Traver (734) 417-0638

Muskegon County

Caregivers
Senior Resources of West Michigan
Tanglewood Park
560 Seminole Rd. Norton Shores, MI 49444
2nd Tuesday, 12 pm
Pat Green (231) 740-1967
Beth Donovan (231) 744-4730

Parkinson's Power
Norton Shores Public Library
705 Seminole Norton Shores, MI 49441
1st Wednesday, 10:30 am
Barb McFadden 231-755-8067
mcfaddenbarb@hotmail.com
Pat Green 231-740-1967
greenpatti@comcast.net
(No meetings Jan.)

Newaygo County

Fremont
Tamarac Center For Well Being
1401 W. Main St. Fremont, MI 49412
3rd Thursday, 3:30 pm
Shelly Klochack, RN (231)924-3073
(Virtual & In Person – Call for Info)

Oakland County

Birmingham
NEXT Senior Citizen Center
2121 Midvale Rd.
Birmingham, MI 48009
2nd Monday, 5:30 pm
Stephanie Woznak (248) 419-7170
StephanieW@parkinsonsMI.org
(No meetings July& August)

Novi/Fox Run
Fox Run – Belmont Club House
41100 W. 13 Mile Rd., Novi MI 48377
2nd Tuesday, 3 pm
Rhonda Kotzen or Kristin Fiscus
(248) 668-8655

Rochester
OPC (Old Person Commission)
650 Letica, Rochester, MI 48307
1st Wednesday, 3 pm
Brad & Linda Potter 586-612-2744
Carol Schram 586-453-2162

Rochester Care Partner
OPC (Old Person Commission)
650 Letica, Rochester, MI 48307Meets
Last Wednesday 1 pm.
Kathy Walton (248) 969-1133
(No meetings July, Dec.)

West Bloomfield/Farmington Hills
Anthology of Farmington Hills
30637 West 14 Mile Rd.
Farmington Hills, MI 48334
1st Wednesday, 2 pm
Shelley Spaulding (248) 982-1504
Facebook-Farmington Hills Area
Parkinson's Support Group

Ogemaw County

West Branch
MyMichigan Health
Executive Dining Room
2463 S. M-30, West Branch, MI 48661
2nd Tuesday, 2:00 pm
Mary Griffore RN 989 246-6388
Mary.Griffore@Mymichigan.org



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Otsego County

Gaylord
1165 Elkview Ave. Gaylord, MI 49735
Upper Level
4th Thursday, 2 pm
John Panci, Pam Carlson,
Dona Wishart (989) 732-1122

Saginaw County

Frankenmuth
Winter Village - Harmony Hall
500 Mayer Rd. Frankenmuth, MI 48734
3rd Wednesday, 1 pm
Marilyn Bernthal (989) 652-2515
bernthalm@aol.com
Kathy Freeland (989) 843-5247
ksfdaf@sbcglobal.net
(No meetings in July, Aug.)

Saginaw Commission on Aging
2355 Schust Rd, Saginaw, MI 48603
3rd Thursday, 1pm
Virginia Buggia (989) 793-7319 or
(989) 797-6880

Shiawassee County

Owosso
Shiawassee Council on Aging
300 N. Washington St
Owosso, MI 48867
2nd Wednesday, 5 pm
Karen Prussner (989) 723-6901

St. Clair County

ON HOLD
St. Clair Council on Aging
600 Grand River Ave.
Port Huron, MI 48060
1st Wednesday, 1 pm
Please Contact St. Clair Council on
Aging at (810) 984-5061

Washtenaw County

Ann Arbor Parkinson Support Group
Trinity Health –Women’s Health Center
5320 Elliott Dr, Suite 203, Ypsilanti, MI
48197
2nd Sunday, 2 pm
Diana Tothill-Johnson
diana45@comcast.net
Helen Martin (734)-678-8328
helenmartin@comcast.net
(No meetings in July, Aug.)

Ann Arbor Adaptive Exercise Class
Mondays 3 pm
Helen Martin (734) 678-8328

Washtenaw County

Ann Arbor Music Therapy Sessions
Tuesdays, 2 pm
Helen Martin (734)-678-8328
helenmartin@comcast.net

Wayne County

Downriver/Allen Park
Allen Park Presbyterian Church
7101 Park Ave Allen Park, MI 48101
Steve Femminineo (313)318-9795
bebepples@gmail.com
Rose Femminineo 313-318-9784
rosefemminineo@yahoo.com
(No meetings in July, Aug.)

Detroit
Hannan House
4750 Woodward, Detroit, MI 48201
3rd Tuesday, 1 pm
Gwen Willis (248) 722-4085
Maria Dickerson (313) 635-2878
No Meetings July & August
(Virtual Meetings – Call for Info)
Facebook – Detroit Parkinson Support
Group

Young Onset
The HELM at the Boll Life Center
158 Ridge Rd
Grosse Pointe Farms, MI 48236
2nd Monday, 6:30 pm
Angela Ferrera (586) 696-8663

Livonia Senior Citizen Center
15218 Farmington Rd. Livonia MI 48154
2nd Thursday, 6:30 pm
Julia Wall
livoniaparkinsons@gmail.com
or contact MPF (248) 433-1011
*Livonia / Western Wayne Parkinson
Support Group Facebook Page*
(No meetings in Jan, August)

Wexford County

Senior Citizens Center
601 Chestnut St. Cadillac, MI 49601
4th Tuesday, 1 pm
Alison Walters (231) 775-6981

Virtual Support Groups

Virtual Support Group Zoom
2nd Thursday, 6pm
Mark Talbot (517)525-1707
Mrtalbot50@gmail.com

Bingham Farms
Virtual Education Meetings Only!
Meets 3rd Tuesday 7:00 pm via Zoom.
MPF (248)433-1117

Care Partners
1st Friday, 1:30 pm
Norma Betten
ronorma1301@gmail.com
Nancy Schullery
nmsch1020@gmail.com

Detroit
Gwen Willis (248) 722-4085
Maria Dickerson (313) 635-2878
No Meetings July & August

Fremont
3rd Thursday, 3:30 pm
Shelly Klochack, RN (231)924-3073

Grand Rapids Hauenstein
2nd Tuesday, 2:00 pm
3rd Tuesday 6:30 pm
4th Tuesday, 10:30 am
Neuro Patient Support 616-447-1393

Virtual Young Onset Group
*MovingUPTogether: Community for 50
and under*
3rd Wednesday, 7:30 pm
Melissa Hrbcek (810) 712-0906
mhrbcek@gmail.com