



*Michigan Parkinson Foundation (MPF) is a non-profit 501(c) (3) organization in Michigan whose mission is to educate and provide support to people with Parkinson's and related disorders, their loved ones and care partners, and the physicians and other allied health professionals who diagnose and treat those affected by the illness. We serve the entire state of Michigan.*

## **PROGRAMS & SERVICES OFFERED BY THE MICHIGAN PARKINSON FOUNDATION**

**Parkinson Exercise Classes** offered daily Monday through Saturday at 10:00 am via Zoom. Classes are free of charge and the instructors are physical therapists who specialize in neurological disorders and certified adaptive yoga instructors. <https://parkinsonsmi-org.zoom.us/> Meeting ID: **813 7303 6837** Password: **MPF2020** (letters are capitalized)

**Education Programs: for people with Parkinson's, their families, caregivers, health care professionals, and direct care workers.**

- Our Virtual Education series is offered via Zoom every third Tuesday at 7:00pm. MPF provides education through the communities on various exciting topics throughout the year.
- Living with Parkinson's: A series of workshops addressing the care, treatment, and management of Parkinson's disease. Topics include, An Overview of PD, Medications, Non-Motor Symptoms, the Role of Physical and Occupational Therapy, Mental Health Issues, and Speech & Swallowing Issues. This program is offered free of charge and is delivered by health care professionals
- Annual Facilitator Summit to encourage and promote our 70 Support Groups across the State of Michigan.
- Symposiums on diagnosing, treating, and managing Parkinson disease: for health care professionals and patients and their care partners
- Parkinson Caregiver Training Online Program: A seven series training module developed for staff employed at assisted living communities, extended care facilities and home health care workers that provide information on how to provide care for a person with Parkinson's. The seven videos can be found on our YouTube Channel.

**Respite Care:** MPF provides financial assistance for in-home or out-of-home respite care. We provide up to \$2000 in financial assistance per family per year.

**Medication Assistance:** MPF helps pay for Parkinson's medications for qualifying individuals with Parkinson's disease. **We provide up to \$600 per year per person.**

**Mobility Equipment Lending Program:** The MPF receives donations of wheelchairs, electric wheelchairs, electric scooters, U-Step Walkers. We then loan the equipment to those in need.

**Support Groups:** MPF sponsors over 70 Parkinson's support groups throughout Michigan. These groups provide individuals with Parkinson's disease, their families and friends, a network of information, fellowship, and under-standing.

**Information and Referral:** For patients and families alike, a diagnosis of Parkinson's often results in fear, misinformation, and lots of questions. MPF is there with needed help. We provide a toll-free help line (800-852-9781), website, newsletter, educational brochures, a library of books and videos, Facebook, YouTube and referrals to neurologists and other community resources.